And yet, when things are not happening good for you, when things are not coming your way, when things are not happening as fast as you want them to happen, you blame everybody else, and what they're doing and saying, and you completely disown(  否认； ) everything that you're doing to contribute to your career not going to another level.

然而，当不利的情况出现时，当事情不尽如人意时，当事情没有按你预料的节奏发生时，你埋怨所有人，抱怨他们的言行举止，你的事业毫无进展由于你的所作所为造成的，但对此你矢口否认。

I refuse to be aware of something I could be and should be doing better, and purposely decide to not do it. I refuse. That's just like inviting broke into your life. Your pride and your ego has stopped you from being thirsty. You're in your own way. You are the reason your career is not on the next level. Nobody else, but you.

对于分内之事，我假意糊涂，故意不做，置之不理。这就好像把破产堂而皇之地请到生活里。骄傲和自尊心让你满足于当下的窘境。你一意孤行。你的事业如一潭死水，原因就在于你自己，而非别人。

You know better, but the question is, are you willing to do better. Stop running around acting as if you don't have a choice. You do have a choice, you do have a choice. You decide that those are your friends. You decided that those are the people that you want to spend time with. You decided this is what you want to do with your day.

对此，你心知肚明，但问题是，你愿意去做吗？你表现得像是别无选择一样。不要再徘徊不前了，其实你有选择的余地，你能做出对的选择。你能决定和谁交往，你能决定与谁共度时光，今天你想要做什么也是由你自己决定的。

Stop running around acting as if you have nothing to do with the people， things and situations in your life. Feeling good isn't just an opportunity, feeling good is a responsibility that we all have for ourselves.

不要再徘徊不前了，不要觉得生活中的一切都与你无关。感觉良好不仅仅是个机会，更是我们对自己的一种责任。